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**Press  
Release**

*For Immediate Release*

**CHILDREN'S MUSEUM OF MANHATTAN ANNOUNCES  
DYNAMIC NEW "INDIAN ARTS" PROGRAM SERIES FOR THIS  
FALL**

**The Series, Which Launches the Weekend of Oct. 13-14, is the Latest in the  
Museum's Ongoing Series Showcasing Global Cultures**

**New York, N.Y., Oct. 9, 2018** – The Children's Museum of Manhattan (212 West 83<sup>rd</sup> Street) today announced "Indian Arts" an exciting new fall program series featuring hands-on workshops and performances with Indian American artists, chefs, dancers, and creatives whose work draws upon the personal stories, traditions, inspirations and beauty of India. Launching the weekend of Oct. 13-14 and running through Dec. 15, the series is part of the Museum's ongoing World Culture Series, which celebrates the diversity of cultural expression across our interdependent world.

During "Indian Arts" at the Children's Museum, children and their families will learn about and make and savor treats, sway to melodious Indian movie music and songs, and create artwork, among other things.

"The Children's Museum is committed to reflecting and celebrating the myriad cultures that make up our great city," said Andrew Ackerman, Laurie M. Tisch Executive Director, Children's Museum of Manhattan. "We are delighted to share the customs, accomplishments and wonder of India with our young visitors through this programming."

"We are pleased to support the Children's Museum's 'Indian Arts' series. It is a wonderful way to connect the Indian diaspora of Manhattan with India. It is our hope that participating children and families will be inspired to learn more about India's rich history and vibrant present," said Sandeep Chakravorty, Consul General, Consul General of India, New York.

Funding for the "Indian Arts" series is provided by Indian Community Welfare Fund, Consulate General of India in New York.

The full schedule of programs is below:

**Spice up your life with Chef Kanchan Koya**

Learn about Indian spices, their health benefits and their origins in a culinary segment led by Chef Kanchan Koya, author of *Spice Spice Baby*. Learn how to make kaju barfi, a traditional Indian sweet made with cashews and spices.

Tastings provided. Recipe Includes Nuts.

Saturday, Oct. 13 | 2 & 3 pm | Ages 6 & older | Sign-up\*

### **Bollywood Dance with Megha Sariya**

Bollywood dance is a beautiful blend of many Indian dance styles: classical, folk and also R&B and hip hop. Dance Teaching Artist Megha Sariya will show you how to dance to melodious Indian movie music and songs.

Sunday, Oct. 14 | 2 & 3 pm | All ages | Drop-in

### **Fabric Artist Sheena Sood**

Artists and designer Sheena Sood shares her textile inspired prints and weaving techniques. Create your own fabric artwork and learn about Sheena's journey as an artist and designer.

Saturday, Nov. 3 | 2 & 3 pm | Ages 6 & older | Sign-up\*

### **Light Artist Sunil Garg**

Sunil Garg is a light artist who paints and sculpts natural and computer programmed light to create illuminating sculptures and installation art. Create your own work of art using wires and light as you learn about Sunil's journey as a visual artist.

Sunday, November 4 | 2 & 3 pm | Ages 6 & older | Sign-up\*

### **Make a Mithai! with Chef Anu Sehgal from The Culture Tree**

Sweets or *Mithai* form an integral part of the Indian culture and food. *Mithai* include the widest range of sugary treats and desserts. Work with Chef Anu Sehgal to make and savor Coconut Ladoo, one of kids favorite *mithai*.

Ingredients include: coconut, milk, spices. Nut free.

Saturday, Nov. 10 | 2 pm | Ages 6 & older | Sign-up\*

### **Create Moong Daal Chaat! with Chef Anu Sehgal from The Culture Tree**

Chaat is a savory snack that originated in India, and is typically served in chaat carts as a street food. It is sweet, sour, tangy, spicy, and crunchy. Work with Chef Anu Sehgal to make healthy chaat using moong daal (lentil).

Ingredients Include: vegetables, daal, and spices. Nut free and gluten free.

Saturday, Nov 10 | 3 pm | Ages 6 & older | Sign-up\*

Decorations for The Culture Tree programs provided by The Corporate Diwali

### **Paper and Pattern with Shelly Bahl**

Shelly Bahl's drawings, prints and art installations often explore the art of story-telling and Indian craft traditions. Join Shelly as she leads us through a workshop using repeated patterns and printmaking. Shelly Bahl's art projects have been included in exhibitions in the US and internationally.

Sunday, Nov. 18 | 2 & 3 pm | Ages 6 & older | Sign-up\*

### **Ajna Dance Company**

Ajna Dance Company is New York's premier Indian dance company, specializing in artistic and authentic choreography. Join us as they perform their signature blend of Classical, Folk and Bollywood choreography full of energy and expression. And get ready to dance with an interactive Bollywood/Bhangra dance lesson.

Saturday, Dec. 1 | 2 & 3 pm | All ages | Ticketed\*\*

### **Om Design with The Culture Tree**

Design a necklace with educators from The Culture Tree to celebrate the powerful sound of Om! Om is the basic sound of the universe. Making this sound celebrates our connection to all other living beings, nature and the universe. Explore meditation techniques and make an Om necklace to dedicate to someone special.

Saturday, Dec. 15 | 2 & 3 pm | Ages 6 & older | Sign-up\*

All programs are free with Museum admission. Programs are subject to change.

\*Due to limited space, this program requires you to sign-up for entry. Sign-up in the lobby one hour before the event.

\*\*Due to limited space, this free event requires tickets for entry. Pick up your tickets in the lobby one hour before the event.

For more information, please visit [www.cmom.org](http://www.cmom.org)

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### **About Children's Museum of Manhattan**

The non-profit Children's Museum of Manhattan (CMOM)—a citywide resource for children, families, and educators—creates experiences at the intersection of the arts, sciences, and humanities to help children thrive at home, at school, and in the community. The Museum offers hands-on learning environments, programs, and curriculums built on evidence-based early childhood research and the museum sciences. It also provides tools and strategies for parents, caregivers, and educators to help children become lifelong learners. In addition to delighting more than 350,000 visitors annually at its 212 West 83rd Street location, thousands of New York's children benefit from the Museum's offerings through its outreach programs at schools, Head Start centers, homeless shelters, libraries, and Memorial Sloan Kettering Cancer Center. In 2017, CMOM purchased 361 Central Park West. The new site is expected to open in late 2021.

[www.cmom.org](http://www.cmom.org)